

		l	m	x	j	v	s	d
07:00 - 08:00	SALA 1	BODY PUMP		BODY PUMP				
08:00 - 09:00	SALA 1					BODY PUMP		
10:30 - 11:30	SALA 1				BODY PUMP		BODY PUMP	
13:15 - 14:00	SALA 1		BODY PUMP					
14:15 - 15:00	SALA 1					BODY PUMP		
15:00 - 15:45	SALA 1	BODY PUMP		BODY PUMP				
18:00 - 18:45	SALA 1	BODY PUMP						
18:45 - 19:30	SALA 1			BODY PUMP	BODY PUMP			
19:45 - 20:30	SALA 1	BODY PUMP						
21:00 - 21:45	SALA 1		BODY PUMP					