

		<b>l</b>	<b>m</b>	<b>x</b>	<b>j</b>	<b>v</b>	<b>s</b>	<b>d</b>
07:00 - 07:15	<b>XPRESS</b>	<b>ABDOMINALES</b>	<b>ABDOMINALES</b>	<b>ABDOMINALES</b>	<b>RADIKAL</b>	<b>ABDOMINALES</b>		
07:00 - 08:00	<b>SALA 1</b>	<b>BODY PUMP</b>	<b>BODY COMBAT</b>	<b>BODY PUMP</b>	<b>PILATES</b>			
	<b>VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>			
07:15 - 08:00	<b>CYCLING</b>					<b>CYCLING</b>		
08:00 - 08:45	<b>CYCLING</b>	<b>CYCLING</b>		<b>CYCLING</b>				
	<b>SALA 1</b>		<b>GAP 45'</b>					
08:00 - 09:00	<b>SALA 1</b>				<b>ZUMBA</b>	<b>BODY PUMP</b>		
	<b>VIRTUAL</b>		<b>CYCLING VIRTUAL</b>		<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>		
08:15 - 08:30	<b>XPRESS</b>	<b>RADIKAL</b>	<b>ABDOMINALES</b>	<b>FREE FIT</b>	<b>ABDOMINALES</b>	<b>GAP 20'</b>		
09:00 - 10:00	<b>VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>		
09:15 - 10:15	<b>VIRTUAL</b>						<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>
09:30 - 10:15	<b>SALA 1</b>	<b>CTC</b>		<b>GAP 45'</b>	<b>BODY COMBAT</b>			
	<b>SALA 2</b>				<b>YOGA</b>			
09:30 - 10:30	<b>SALA 1</b>		<b>ZUMBA</b>					
	<b>VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>		
10:00 - 11:00	<b>SALA 1</b>	<b>YOGA</b>						
10:15 - 11:15	<b>VIRTUAL</b>						<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>
10:30 - 10:45	<b>XPRESS</b>	<b>GAP 20'</b>	<b>RADIKAL</b>	<b>ABDOMINALES</b>	<b>RADIKAL</b>	<b>ABDOMINALES</b>	<b>ABDOMINALES</b>	
10:30 - 11:15	<b>SALA 1</b>			<b>PILATES</b>				
10:30 - 11:30	<b>SALA 1</b>				<b>BODY PUMP</b>		<b>BODY PUMP</b>	
10:30 - 13:45	<b>XPRESS</b>							<b>FREE FIT</b>
11:00 - 11:45	<b>CYCLING</b>							<b>CYCLING</b>
11:00 - 12:00	<b>VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>		
11:15 - 12:15	<b>VIRTUAL</b>							<b>CYCLING VIRTUAL</b>
11:30 - 12:15	<b>CYCLING</b>						<b>CYCLING</b>	
12:00 - 13:00	<b>VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>		
12:15 - 13:15	<b>VIRTUAL</b>						<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>
13:00 - 14:00	<b>VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>		
13:15 - 14:00	<b>SALA 1</b>		<b>BODY PUMP</b>		<b>GAP 45'</b>			
	<b>SALA 2</b>	<b>PILATES</b>						
13:15 - 14:15	<b>VIRTUAL</b>						<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>
13:30 - 14:30	<b>SALA 1</b>					<b>YOGA</b>		
14:00 - 14:45	<b>SALA 1</b>	<b>BODY COMBAT</b>	<b>ZUMBA</b>					
14:15 - 14:30	<b>XPRESS</b>	<b>ABDOMINALES</b>	<b>FREE FIT</b>	<b>ABDOMINALES</b>	<b>ABDOMINALES</b>	<b>RADIKAL</b>		
14:15 - 15:00	<b>CYCLING</b>	<b>CYCLING</b>	<b>CYCLING</b>	<b>CYCLING</b>	<b>CYCLING</b>	<b>CYCLING</b>		
	<b>SALA 1</b>			<b>BODY ATTACK</b>	<b>PILATES</b>	<b>BODY PUMP</b>		
	<b>SALA 2</b>	<b>ZUMBA</b>						
14:15 - 15:15	<b>VIRTUAL</b>						<b>CYCLING VIRTUAL</b>	
14:30 - 15:30	<b>SALA 2</b>		<b>YOGA</b>	<b>YOGA</b>				

15:00 - 15:15	<b>XPRESS</b>	<b>ABDOMINALES</b>	<b>ABDOMINALES</b>	<b>RADIKAL</b>	<b>ABDOMINALES</b>	<b>FREE FIT</b>		
15:00 - 15:45	<b>SALA 1</b>	<b>BODY PUMP</b>		<b>BODY PUMP</b>		<b>BODY COMBAT</b>		
15:00 - 16:00	<b>VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>					
15:15 - 16:15	<b>VIRTUAL</b>			<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>		<b>CYCLING VIRTUAL</b>	
16:00 - 17:00	<b>VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>			<b>CYCLING VIRTUAL</b>		
16:15 - 16:30	<b>XPRESS</b>						<b>FREE FIT</b>	
16:15 - 17:15	<b>VIRTUAL</b>			<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>		<b>CYCLING VIRTUAL</b>	
17:00 - 18:00	<b>VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>			<b>CYCLING VIRTUAL</b>		
17:15 - 18:15	<b>VIRTUAL</b>			<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>		<b>CYCLING VIRTUAL</b>	
18:00 - 18:45	<b>SALA 1</b>	<b>BODY PUMP</b>	<b>PILATES</b>	<b>BODY COMBAT</b>				
18:00 - 19:00	<b>VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>			<b>CYCLING VIRTUAL</b>		
18:15 - 18:30	<b>XPRESS</b>	<b>FREE FIT</b>	<b>ABDOMINALES</b>	<b>GAP 20'</b>	<b>ABDOMINALES</b>		<b>ABDOMINALES</b>	
18:15 - 19:15	<b>VIRTUAL</b>			<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>		<b>CYCLING VIRTUAL</b>	
18:30 - 19:15	<b>SALA 1</b>					<b>PILATES</b>		
18:30 - 19:30	<b>SALA 2</b>			<b>YOGA</b>				
18:45 - 19:30	<b>SALA 1</b>		<b>ZUMBA</b>	<b>BODY PUMP</b>	<b>BODY PUMP</b>			
					<b>GAP 45'</b>			
19:00 - 19:15	<b>XPRESS</b>	<b>ABDOMINALES</b>	<b>FREE FIT</b>	<b>ABDOMINALES</b>	<b>RADIKAL</b>	<b>FREE FIT</b>		
19:00 - 19:45	<b>CYCLING</b>		<b>CYCLING</b>					
	<b>SALA 1</b>	<b>ZUMBA</b>						
19:00 - 20:00	<b>SALA 2</b>		<b>YOGA</b>		<b>YOGA</b>			
19:15 - 20:00	<b>CYCLING</b>	<b>CYCLING</b>		<b>CYCLING</b>	<b>CYCLING</b>			
19:30 - 20:15	<b>SALA 1</b>		<b>BODY COMBAT</b>		<b>PILATES</b>	<b>ZUMBA</b>		
19:45 - 20:30	<b>SALA 1</b>	<b>BODY PUMP</b>		<b>GAP 45'</b>				
20:00 - 20:45	<b>CYCLING</b>		<b>CYCLING</b>					
20:00 - 21:00	<b>VIRTUAL</b>			<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>		
	<b>SALA 2</b>		<b>YOGA</b>					
20:15 - 20:30	<b>XPRESS</b>	<b>ABDOMINALES</b>	<b>ABDOMINALES</b>	<b>RADIKAL</b>	<b>ABDOMINALES</b>			
20:15 - 21:00	<b>CYCLING</b>	<b>CYCLING</b>						
	<b>SALA 1</b>					<b>GAP 45'</b>		
20:30 - 21:15	<b>SALA 1</b>	<b>BODY ATTACK</b>		<b>ZUMBA</b>	<b>ZUMBA</b>			
		<b>PILATES</b>						
21:00 - 21:45	<b>SALA 1</b>		<b>BODY PUMP</b>					
21:00 - 22:00	<b>VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>	<b>CYCLING VIRTUAL</b>			
21:15 - 21:30	<b>XPRESS</b>	<b>ABDOMINALES</b>	<b>RADIKAL</b>	<b>ABDOMINALES</b>	<b>ABDOMINALES</b>			
21:15 - 22:00	<b>SALA 2</b>	<b>GAP 45'</b>						